

# Old Orchard Inn Conference Resort & Spa

## Plated Lunch Service -Two Course

Includes: Rolls & Butter, One Entrée, One Dessert & Freshly Brewed Coffee or Tea

Minimum of twenty (20) guests

A surcharge of \$1.95 per person will apply to groups under 20 guests

Available from 11:00am-1:30pm

### Entrées

Please select one of the following for the group:

#### Spicy Chicken Caesar Tostada

Crisp romaine lettuce tossed with garlic croutons, parmesan cheese & our homemade dressing served in a tostada shell, topped with a tender charbroiled chicken breast

18.95

#### Crunchy Chicken Salad

A tasty seasoned chicken breast sliced & served in a crunchy tostada shell, brimming with fresh lettuce & vegetables, served with our own peppercorn ranch dressing

18.95

#### Lasagna & Caesar Salad (Vegetarian option available)

Layers of ricotta cheese topped with melted mozzarella, parmesan & cheddar cheese, accompanied by a crisp Caesar salad & garlic bread (provided in place of rolls & butter)

Please select one option: rich meaty tomato, vegetarian tomato or chicken in béchamel

18.95

#### Baked Quiche (Vegetarian option available)

Served with a garden salad

Please select one option: ham & Swiss, mushroom & chèvre or broccoli & smoked cheddar

18.95

#### Oriental Stir-Fry (Vegetarian option available)

An oriental stir-fry with sautéed vegetables tossed in a ginger garlic sauce, served over seven-grain rice complemented with crisp wontons.

Please select one: pork, chicken or tofu

17.95

#### Chicken Wrap (Vegetarian option available)

Chicken & rice simmered in an adobo tomato chili salsa encased in a soft flour tortilla accompanied by a fresh salad

Please select one: garden or Caesar salad

18.95

#### Fish & Chips

Two fillets of Atlantic haddock lightly battered, served with French fries, creamy coleslaw & homemade tartar sauce

18.95

### Desserts

Please select one of the following for the group:

**Homemade Apple Crisp** served with whipped cream      **Strawberry Mousse** served with a sugar cookie

**Double Fudge Brownie** with raspberry coulis

**Freshly Brewed Coffee & Tea included**

*\*Other Beverages (such as Soft Drinks) available for an additional fee*

# Old Orchard Inn Conference Resort & Spa

## Buffet Lunch Selections

Minimum of thirty (30) guests

A surcharge of \$1.95 per person will apply to groups under 30 guests

Available from 11:00am-1:30pm

### Pizza & Salads

Includes: **Caesar Salad & Pasta Salad**

Please select any **two** pizzas of the following for 18.95 per person

Select any **three** of the following pizzas for 19.95 per person

**Meat Lovers    Barbeque Chicken    Vegetarian    Greek    "The Works"    Three Cheese**

### Chili & Salads (Vegetarian option available)

Our chili features a mixture of ground beef, tomatoes & beans enhanced with cumin & garlic  
18.95

**Salad Selection** please select **two**:

**Caesar    Garden    Vegetable & Pasta    Spinach & Orange**

### Classic Sandwiches with Soup or Mixed Greens Salad

Our classic sandwich assortment of egg salad, ham & cheese, tuna & vegetarian wraps  
18.95

### Deli Meat Sandwiches with Soup or Mixed Greens Salad

Assorted breads & wraps with shaved deli meats, including peppercorn roast beef,  
Mediterranean chicken, pastrami & smoked meat  
22.95

**Soup Selection** please select **one**:

**Corn Chowder    Cream of Broccoli    Minestrone    Mushroom Bisque**

**Valley Vegetable    Chicken Vegetable    Fish Chowder (add 2.95 per person)**

**Salad Selections** please select **one**:

**Potato    Creamy Pasta    Market Garden    Coleslaw**

**Add an additional soup or salad 2.95 per person per additional item**

### Desserts

Please select **one** of the following for the group:

**Homemade Apple Crisp    Sweet Tray    Chocolate Mousse**

### Freshly Brewed Coffee & Tea included

*\*Other Beverages (such as Soft Drinks) available for an additional fee*

# Old Orchard Inn Conference Resort & Spa

## Design Your Own Lunch Buffet

Includes: Rolls & Butter, Two Salads, One Entrée, One Dessert & Freshly Brewed Coffee or Tea

Minimum of thirty (30) guests

A surcharge of \$1.95 per person will apply to groups under 30 guests

Available from 11:00am-1:30pm

### Entrées

Please select one of the following for the group:

#### Barbeque Chicken Breast

Succulent chicken breast bronzed with our own honey smoked barbeque sauce

21.95

#### Seafood mélange

A Nova Scotia medley of seafood simmered in a brandy cream sauce served over rice

21.95

#### Italian Style Lasagna (Vegetarian option available)

Layers of ricotta cheese, topped with melted mozzarella, parmesan served with cheddar cheese garlic bread (provided in place of rolls & butter)

Please select one: rich meaty tomato, vegetarian tomato or chicken in béchamel

19.95

#### Oriental Stir-Fry (Vegetarian option available)

An oriental stir-fry with sautéed vegetables tossed in a ginger garlic sauce with seven-grain rice & crisp wontons

Please select one: pork, chicken or tofu

19.95

#### Pasta Primavera (Vegetarian)

Fusilli noodles tossed with choice of sauce

Please select one: rich tomato & chunky vegetable sauce or garlic cream & vegetable sauce

18.95

### Salads

Please select two of the following:

Caesar    Garden    Vegetable & Pasta    Spinach & Orange    Coleslaw

### Dessert

Please select one of the following:

Apple Crisp    Sweet Tray    Strawberry Mousse    Chocolate Mousse

#### Freshly Brewed Coffee or Tea included

*\*Other Beverages (such as Soft Drinks) available for an additional fee*